CIRCULAR

It has been observed that students in the school do not drink sufficient water which results in dehydration which in turn may have long lasting effects on their health.

It is therefore suggested that in every school there shall be water breaks of 02 minutes each after the second period and sixth period indicated by ringing a short bell.

It is therefore enjoined upon all the Heads of Govt./ Govt. Aided/ Unaided Primary, Middle, Secondary, Higher Secondary & Special Schools to follow the above instructions.

(Shaiksh R. Singe Zingde)
Dy. Director of Education(Acad)

To,
The Heads of All the Government/ Government Aided/ Unaided Primary, Middle, Secondary, Higher Secondary & Special Schools in the State.

Copy to :-
1. The Dy. Director of Education,
   North/ South/ Central Educational Zone,
   Mapusa/ Margao/ Panaji-Goa.
2. The ADEIs of all Talukas.
4. All the Sections of this Directorate.
5. Office file.
7. The Nodal Officer, IT for uploading on website of this Directorate.