CIRCULAR

               3. Acad/Circular/2019/2676, dated 22/11/2019

Hon’ble Prime Minister has launched the “Fit India Movement” on 29\textsuperscript{th} August, 2019 with a view to make physical fitness a way of life. Fit India Movement aims at behavioral changes from sedentary lifestyle to physically active way of day to day living.

Fit India Movement –Fit India School Campaign is being run by the Government of India, in schools. Physical activity must be made a part of daily routine for all classes in schools to boost fitness.

It is therefore enjoined upon all the Heads of Govt./Govt. aided/unaided primary/secondary/higher secondary & special schools to hold daily fitness activities for all students for the holistic development of the children and make Fit India Movement a successful people’s movement.

Action taken report in this regard may please be uploaded on the given google drive with the Shareable Link

https://drive.google.com/drive/folders/193hmw1nkacRHn8MXAkjaJiyL1RDe46IN?usp=sharing

Once the above shareable link is opened under Fit India Movement – Goa;

1. Click on the District concerned – North or South.
2. Then click the taluka concerned
3. Make a folder for your institution upload the photographs or video in that folder from your computer.
4. Save and logout.

\(\text{Vandana Rao, IAS}\)

Director of Education

To,
The Heads of Govt./Govt. Aided/Unaided Primary/Secondary/Higher Secondary & Special Schools in the State of Goa.
Copy to:-

1. The Secretary, Ministry of Human Resource Development, Department of School Education & Literacy, 102 ‘C’ Wing, Shastri Bhavan, New Delhi 110 001.
2. The Dy. Director of Education, North/Central/South Educational Zone, Mapusa / Panaji / Margao - Goa.
3. The ADEIs of all Talukas.
4. The Nodal Officer, IT for uploading on website of this Directorate